

Collagen (CosmoDerm® and CosmoPlast®) FAQs

Sometimes, no matter how young you feel, your face tells a different story. Sun exposure, pollution, natural aging, and lifestyle factors can all diminish the collagen layer (second layer or dermis) that supports the skin. And where collagen diminishes, unwelcome lines and wrinkles may appear.

Now, you can temporarily replace your skin's lost collagen through innovative new treatments made from human collagen. They are CosmoDerm® and CosmoPlast® and they're changing the face of beauty. Collagen Replacement Therapy® with CosmoDerm and CosmoPlast replenishes your skin's lost collagen, restoring skin structure.

Let's face it - lines and wrinkles happen. Why not get a little help in smoothing away the telltale signs of aging by replenishing your skin's lost collagen, restoring your skin's structure

Replenishing the skin's lost collagen, restoring skin structure.

Treatment results are immediate and typically last up to six months. Without ongoing treatments, the collagen is gradually reabsorbed by the body and your face returns to its original contours.

As the only FDA-approved commercially available dermal fillers made from human collagen, CosmoDerm and CosmoPlast offer important advantages.

- Immediate treatment - no pre-treatment skin test required!
- Formulated with an anesthetic for comfort
- Treatment and recovery usually take less than one hour
- Treatment results last up to six months

Dr. Kaufmann will work with you to develop a treatment program to meet your individual needs. With CosmoDerm and/or CosmoPlast, you can get started today!

FREQUENTLY ASKED QUESTIONS

Although this information will not take the place of a consultation with Dr. Kaufmann, it should answer some of the questions you may have about treatments with injectable collagen. This information may also help you and Dr. Kaufmann decide whether Collagen Replacement Therapy® is right for you.

What causes wrinkles?

What is collagen?

What are CosmoDerm® and CosmoPlast®?

What are dermal fillers?

What is Collagen Replacement Therapy?

Is Collagen Replacement Therapy safe?

How are collagen treatments different from Botox® Cosmetic (Botulinum Toxin Type A)?

Can I get treatment with more than one filler?

What is the difference between CosmoDerm and CosmoPlast?

What is the difference between Zyderm® and Zylast® and CosmoDerm and CosmoPlast?

Is skin testing required before I can receive CosmoDerm and CosmoPlast?

How long does the procedure take?

Do I need to take time off from work to recuperate?

Are collagen injections painful?

What areas can be treated with CosmoDerm and CosmoPlast?

Can I have more than one area treated at the same time?

How frequently will I need to have Collagen Replacement Therapy?

How do I know Collagen Replacement Therapy might be right for me?

How much do the treatments cost?

What causes wrinkles?

The way your skin looks is directly related to the way your skin is supported. Wrinkles form when the natural collagen and hyaluronic acid in your skin diminish during the course of aging. Other factors that cause wrinkles include exposure to the sun, disease, injury, heredity and lifestyle. Collagen provides structure to your skin, but also like hyaluronic acid provides skin volume.

What is collagen?

Collagen is the most abundant natural protein found in the body and provides structural support to skin, muscle, tendons and bone. Fibers of collagen are woven together, like threads in fabric, to form a framework into which new cells can grow. In the skin, collagen provides texture, resiliency and shape.

What are CosmoDerm[®] and CosmoPlast[®]?

CosmoDerm and CosmoPlast are collagen dermal (skin) fillers made from human collagen and injected into the dermis to smooth wrinkles and restore the lip border.

What are dermal fillers?

Dermal fillers are substances that are injected into the second layer to replenish the collagen layer, filling lines, wrinkles and scars from the inside out. Dermal fillers can temporarily restore a smoother, more youthful appearance. Dermal fillers can also be used to add definition to the lip border. Collagen dermal fillers have been proven safe and effective for more than 20 years.

What is Collagen Replacement Therapy?

Collagen Replacement Therapy is a safe, non-surgical wrinkle correction treatment in which highly purified collagen is injected into the skin to replenish the skin's lost collagen, restoring skin structure.

Is Collagen Replacement Therapy safe?

Yes. Collagen products from INAMED Aesthetics are approved by the Federal Food and Drug Administration (FDA) and are tested for a variety of contaminants in accordance with strict FDA requirements. The end result of this stringent testing is a safe product, free from detectable viruses or contaminants.

How are collagen treatments different from Botox[®] Cosmetic (Botulinum Toxin Type A)?

Botulinum Toxin Type A (Botox) is a protein that is injected into muscles to relax them, smoothing lines and wrinkles caused by repeated facial movements. In contrast, collagen is a dermal filler and is injected below a wrinkle, scar or depression in order to "fill" it in, smoothing the surface of the skin.

Can I get treatment with more than one filler?

CosmoDerm and CosmoPlast can be used together for optimal aesthetic results. An emerging trend is to use collagen and hyaluronic acid-based fillers (such as Restylane[®]) in combination to temporarily replace lost structure and volume, smoothing away unwanted lines and wrinkles..

What is the difference between CosmoDerm and CosmoPlast?

CosmoDerm is used for fine lines while CosmoPlast is used in the treatment of deeper lines and furrows.

What is the difference between Zyderm® and Zyplast® and CosmoDerm and CosmoPlast?

CosmoDerm and CosmoPlast are human-based collagen treatments and offer a similar aesthetic result to that of Zyderm and Zyplast with the added convenience of not needing a skin test. Zyderm and Zyplast, introduced in 1981 and 1985 respectively, are made of highly purified bovine (cow) collagen. Skin testing is required at least 28 days before treatment.

Is skin testing required before I can receive CosmoDerm and CosmoPlast?

No. You can receive CosmoDerm or CosmoPlast the same day as your initial consultation or office visit.

How long does the procedure take?

Treatment of collagen injections usually takes less than one hour.

Do I need to take time off from work to recuperate?

Collagen Replacement Therapy is a simple procedure with a quick recovery time. Most patients feel comfortable resuming their normal activities immediately following treatment. You are free to eat, drink, or wear makeup with sunblock shortly after treatment. There may be some temporary swelling and redness in the treated area, which should subside within an hour.

Are collagen injections painful?

Most people report that the injections are relatively painless. To minimize discomfort, a topical anesthetic will be prescribed to apply prior to your appointment or rarely a local anesthetic will be injected into the area prior to treatment. As CosmoDerm and CosmoPlast contain an anesthetic, lidocaine, which helps to temporarily numb the treatment area injection of anesthetic is rarely needed except for the upper lip.

What areas can be treated with CosmoDerm and CosmoPlast?

The most common areas treated are the fine lines above the mouth and the lip border to add definition, frown lines between the eyes most often if Botox alone does not relieve the wrinkle adequately, and acne scars.

Can I have more than one area treated at the same time?

Yes, more than one area can be injected at the same time.

How frequently will I need to have Collagen Replacement Therapy?

To maintain optimal correction, touch-up injections are usually needed two or three times a year depending on the area and forces on that area. The amount of collagen used during follow-up treatments is usually less than that used in the initial treatment. Without ongoing treatments, the collagen is gradually reabsorbed by the body and your face returns to its original contours.

How do I know Collagen Replacement Therapy might be right for me?

If looking your best is important to you, Collagen Replacement Therapy is probably for you. Imagine smoothing out those wrinkles around your mouth, or filling in those annoying tiny lines above your lip. Now you can.

Perform a simple stretch test. Pull your skin tight on either side of the wrinkle you want to test, this will allow you to assess the potential for optimal treatment capability. If the line/wrinkle goes away

when the skin is pulled tight, then full correction may be achieved. Keep in mind that if you can still see a line when you pull the skin, Dr. Kaufmann will be able to smooth the area and fill in the wrinkle, but you may still see the line.

How much do the treatments cost?

Pricing varies depending on the number and types of areas being treated, the amount of filler material required to achieve the desired results. Typically treatments are priced competitively with other injectable wrinkle correction procedures.

CosmoDerm® and CosmoPlast®- The breakthrough Collagen Replacement Therapy® that refines your lip line and smoothes wrinkles. No down time. Just instant gratification and immediate results.

Say Goodbye To Frown Lines. Botox and/or CosmoDerm can fill in the worry lines on your forehead and the frown lines between your eyebrows.

Kissable Lips. Cosmaderm will add definition to your lip border and fill in those annoying vertical lip lines.

Smooth away telltale lines and wrinkles with just your first visit to Dr. Kaufmann. And since recovery time is short, you can easily sneak in a treatment during your lunch hour.

If you want to enjoy a smoother, more youthful appearance ask Dr. Kaufmann if Collagen is right for you. Call for an appointment with Dr. Kaufmann in Princeton or Monroe at 609-683-4999 or 609-655-4544.